



Sinus Lift Information and Consent Form

Roots of the upper back teeth usually protrude into the sinus floor and once they are removed the sinus enlarges. It is quite common to have insufficient bone depth for placement of a dental implant before the floor of the maxillary sinus is reached.

It is still possible to place dental implants by grafting a small amount of bone to the floor of the sinus, hence lifting the sinus floor to where it was prior to tooth loss, allowing the correct length of implant to be placed fully within bone. This procedure is called a sinus lift or sinus augmentation and it is a form of bone graft. It is a well evidenced procedure and has reported success rates of 90% long term.

For smaller sinus lifts it may be possible to do the graft though the root form preparation at the time of implant placement, this is a closed or crestal approach sinus lift. The patient will be aware of a tapping pressure sensation as this is carried out.

For larger grafts, better visibility is attained by making a small window in the side of the sinus under the gums, this is an open or lateral approach sinus lift. Usually this will lead to bruising and swelling on the side of the face in question.

Complications of sinus lift include but are not limited to: Pain, swelling, bruising, bleeding, nose bleed, infection of gums or sinusitis, dizziness, failure of the graft.

It is important that you mention to your dentist any chronic or recent sinus problems prior to any sinus procedure. You will have thorough assessment of the bone site and sinuses prior to any procedure, occasionally you may be referred to and ENT surgeon for assessment if anything is picked up during the assessment phase that requires further investigation.

By signing below you acknowledge that you have read the above information and had any further queries about the procedure answered by your dentist, and that you consent to the procedure detailed below:

.....

Patient

Signature

Date

Dentist

Signature

Date