

Implant Surgery Post-Operative Instructions

- 1) Take Analgesics before the local anaesthetic has worn off. Anti-inflammatory analgesics are ideal, see attached pain relief sheet. Pain, swelling and bruising are normal, please contact us if you have any concerns.
- 2) Take the course of antibiotics as directed by your dentist, the dosage will be lower than the pre-operative antibiotic dose. Please ask us if you are unsure. Start in the evening on the day of surgery and take one dose only. Then, for amoxicillin take 1 x 500mg tablet three times a day until finished. For clindamycin take 1 x 150mg tablet four times a day until finished.
- 3) Be very gentle with the surgery site and follow the instructions below regarding cleaning and rinsing:
 - Day of surgery: Clean other teeth as normal, avoid surgery site. Very gently rinse surgery site with lukewarm salt water.
 - Day 2: gently rinse with warm salt water three to four times a day.
 - Day 3 onwards: clean implant site with curacept gel on ultra soft toothbrush provided. Clean other teeth as normal. Continue for 2 weeks, then back to normal cleaning regime. Use curacept gel if any signs of inflammation or bleeding of gums.
- 4) If there is bleeding, gentle pressure to the site with dampened gauze for 20 minutes will stop this.
- 5) No hot food or drink on the day of surgery.
- 6) No alcohol for 2 days after surgery.
- 7) No smoking for 8 weeks after surgery, ideally no smoking at all as this will greatly increase risk of failure of implant.
- 8) Any pus or signs of infection please contact us immediately.
- 9) Any loss of sensation on the lip or tongue the day after surgery please contact us immediately.
- 10) You must return after 10 days or so for a review and removal of any remaining sutures. Some sutures may fall out within the first few days.
- 11) Do not put any pressure on the implant site at all until your dentist has advised it is ok, this will be at least 2-3 months. Be very careful when eating not to use this site to chew.
- 12) If graft material has been used it is not unusual for a few grains of gritty material to come out of the gum.